KINDERGARTEN \& JUNIOR SCHOOL MENUS

April - June 2024

Menu Schedule

| Menu Week 1 | Menu Week 2 | Menu Week 3 |
| :---: | :---: | :---: |
| $15 / 04 / 24$ | $22 / 04 / 24$ | $29 / 04 / 24$ |
| $06 / 05 / 24$ | $13 / 05 / 24$ | $20 / 05 / 24$ |
| $27 / 05 / 24$ | $03 / 06 / 24$ | $10 / 06 / 24$ |
| $17 / 06 / 24$ |  |  |

## Term Highlights

| Month | Chef Demonstration | Supplier Showcase |
| :---: | :---: | :---: |
| April | Versatile Bananas | iPro Hydrate - Soft Drinks |
| May | Fairtrade Products | Grahams - Dairy produce |
| June | Healthy Eating Week <br> Tasters | Mark Murphy - Fruit \& Vegetables |

National Food Theme Days 2024

| DATE | CELEBRATION |
| :--- | :--- |
| $21^{\text {st }}$ April | National Banana Day |
| $23^{\text {rd }}$ April | St Georges Day |
| $27^{\text {th }}$ April | British Beef Week |
| $5^{\text {th }}$ May | Cinco De Mayo |
| $16^{\text {th }}-27^{\text {th }}$ May | National Sandwich Week |
| $28^{\text {th }}$ May | International Burger Day |
| $\mathbf{1}^{\text {tt }}$ June | World Milk Day |
| $3^{\text {rd }}-9^{\text {th }}$ June | National BBQ Week |
| $5^{\text {th }}$ June | National Sausage Roll Day |
| $6^{\text {th }}$ June | British Fish \& Chip Day |
| $10^{\text {th }}-14^{\text {th }}$ June | Healthy Eating Week |

## Summer Season Produce

Rhubarb, Beetroot, Purple Sprouting Broccoli, Radishes, Spring Greens, Watercress, Spring Onions, New Potatoes, Kale, Parsnips, Strawberries, Cherries, Courgettes, Asparagus, Runner Beans, Rhubarb, Raspberries, Aubergine, Cucumber, Rocket, Swiss Chard, Spinach

## WEEK 1 BREAKFAST \& BREAK

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

HYDRATION
Hydration Station - Squash, Fresh Milk, Fruit Infused Water

| HOT ITEMS | Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans | Hot Filled Rolls <br> Bacon <br> Lorne Sausage Pork Link Sausage Potato Scone Baked Beans | Hot Filled Rolls <br> Bacon <br> Lorne Sausage Pork Link Sausage Potato Scone Baked Beans | Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans | Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\qquad$ | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots |
| DAILY SPECIAL | Hash Browns Sauté Mushrooms | French Toast Grilled Tomatoes | Haggis Black Pudding | Pizza Rolls | Fried Egg Friday |
| WHOLE \& CUT FRUIT | Selection of whole fruits <br> Watermelon | Selection of whole fruits Pineapple | Selection of whole fruits <br> Grapes | Selection of whole fruits <br> Kiwi \& Strawberries | Selection of whole fruits <br> Cantaloupe Melon |
| HOME BAKING | Chefs home bake of the day | Chefs home bake of the day | Chefs home bake of the day | Chefs home bake of the day | Chefs home bake of the day |

## WEEK 2 BREAKFAST \& BREAK

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY

| HYDRATION | Hydration Station - Squash, Fresh Milk, Fruit Infused Water |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| HOT ITEMS | Hot Filled Rolls <br> Bacon <br> Lorne Sausage Pork Link Sausage Potato Scone Baked Beans | Hot Filled Rolls <br> Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans | Hot Filled Rolls <br> Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans | Hot Filled Rolls <br> Bacon <br> Lorne Sausage Pork Link Sausage Potato Scone Baked Beans | Hot Filled Rolls <br> Bacon <br> Lorne Sausage Pork Link Sausage Potato Scone Baked Beans |
| DAILY BREAKFAST ITEMS | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots | Selection of breakfast cereals <br> Wholemeal toast spread \& preserves <br> Porridge pots |
| DAILY SPECIAL | Hash Browns Sauté Mushrooms | French Toast Grilled Tomatoes | Haggis Black Pudding | Pizza Rolls | Fried Egg Friday |
| WHOLE \& CUT FRUIT | Selection of whole fruits <br> Watermelon | Selection of whole fruits <br> Oranges | Selection of whole fruits <br> Mixed Berries | Selection of whole fruits Grapefruit | Selection of whole fruits <br> Galia Melon |
| HOME BAKING | Chefs home bake of the day | Chefs home bake of the day | Chefs home bake of the day | Chefs home bake of the day | Chefs home bake of the day |




MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY


|  |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | SOUP | Chefs homemade soup of the day <br> Sandwich Selection | Chefs homemade soup of the day <br> Sandwich Selection | Chefs homemade soup of the day <br> Sandwich Selection | Chefs homemade soup of the day <br> Sandwich Selection | Chefs homemade soup of the day <br> Sandwich Selection |
|  | MAIN MEAL | Meatball \& Mascarpone Pasta Bake | Southern Fried Chicken / Chicken Goujons | Macaroni Cheese | Sausage \& Mash | Battered MSC Haddock Cod Fillet Fish Fingers |
| ally | MEAT FREE MAIN MEAL | Quorn Meatballs in Tomato Sauce | Quorn Nuggets | Cheesy Nachos | Meat Free Sausage Casserole | Vegetable Pakora |
|  | PASTA BAR | 50/50 Penne Pasta Fresh Tomato Sauce | 50/50 Penne Pasta Fresh Tomato Sauce | 50/50 Penne Pasta Fresh Tomato Sauce | 50/50 Penne Pasta Fresh Tomato Sauce | 50/50 Penne Pasta Fresh Tomato Sauce |
|  | BAKED POTATO | Tuna Mayo Grated Cheese Coleslaw Baked Beans | Tuna Mayo Grated Cheese Coleslaw Baked Beans | Tuna Mayo Grated Cheese Coleslaw Baked Beans | Tuna Mayo Grated Cheese Coleslaw Baked Beans | Tuna Mayo Grated Cheese Coleslaw Baked Beans |
|  | ON THE SIDE | Savoy Cabbage <br> Steamed Carrots Crusty Bread \& Butter | Seasoned Wedges Chefs Vegetable Medley | Garlic Bread Corn on the Cob Summer Greens Guacamole Salsa | Mash Potatoes Asparagus Spears Yorkshire Puddings Roasted Turnip | Chunky Chips Baked Beans Petit Pois |
|  | DESSERT | Victoria Sponge Cake, Fresh Fruit or Yoghurt Pot | Danish Pastries, Fresh Fruit or Yoghurt Pot | Chocolate Mousse \& Shortbread, Fresh Fruit or Yoghurt Pot | Biscuit Cookies, Fresh Fruit or Yoghurt Pot | Fresh Fruit Jelly, Ice Cream Pot, Fresh Fruit or Yoghurt Pot |
|  | Junior School Meal Deal all $£ 3.25$ <br> Soup, Sandwich \& Dessert <br> Main Meal / Meat Free Main Meal \& Dessert Pasta Bar \& Dessert <br> Baked Potato \& Dessert |  |  |  |  |  |

Here at StAloysius College our passion lies in serving our pupils tasty and balanced freshly cooked meals whilst utilising sustainable and locally sourced ingredients where possible. We work alongside our local suppliers to ensure we are always using the most fresh, seasonal produce in our dishes.
We use authentic recipes and cooking methods whilst considering our pupils dietary needs. Our regular tasting tables inspire our pupils to sample interesting ingredients which we endeavour to serve alongside traditional favourites.

## Menu feedback \& suggestions are always welcome email catering@staloysius.org

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[^0]:    * We do not use or sell products which contain tree nuts or peanuts in any of the dishes we produce in the kitchen or pre-packaged items, however, we are unable to guarantee that dishes / products served are totally free from nuts / nut derivatives due to the use of precautionary allergy statements our suppliers use such as 'may contain traces of nuts'. * Please contact our school nurse in the first instance if your child has any intolerance/allergies, upon which we can advise appropriately. Medical@staloysius.org

