

KINDERGARTEN & JUNIOR SCHOOL MENUS

April - June 2024

All meal options can be customised to meet prearranged specific dietary needs. Please contact our school nurse in the first instance if your child has an intolerance/allergy.



Menu Schedule

Menu Week 1	Menu Week 2	Menu Week 3
15/04/24	22/04/24	29/04/24
06/05/24	13/05/24	20/05/24
27/05/24	03/06/24	10/06/24
17/06/24		

Term Highlights

Month	Chef Demonstration	Supplier Showcase
April	Versatile Bananas	iPro Hydrate – Soft Drinks
May	Fairtrade Products	Grahams – Dairy produce
June	Healthy Eating Week Tasters	Mark Murphy – Fruit & Vegetables





National Food Theme Days 2024

DATE	CELEBRATION
21 st April	National Banana Day
23 rd April	St Georges Day
27 th April	British Beef Week
5 th May	Cinco De Mayo
16 th – 27 th May	National Sandwich Week
28 th May	International Burger Day
1 st June	World Milk Day
3 rd – 9 th June	National BBQ Week
5 th June	National Sausage Roll Day
6 th June	British Fish & Chip Day
10 th – 14 th June	Healthy Eating Week

Summer Season Produce

Rhubarb, Beetroot, Purple Sprouting Broccoli, Radishes, Spring Greens, Watercress, Spring Onions, New Potatoes, Kale, Parsnips, Strawberries, Cherries, Courgettes, Asparagus, Runner Beans, Rhubarb, Raspberries, Aubergine, Cucumber, Rocket, Swiss Chard, Spinach









WEEK 1 BREAKFAST & BREAK



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HYDRATION		Hydration Station	- Squash, Fresh Milk, Fr	uit Infused Water	
HOT ITEMS	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans
DAILY BREAKFAST ITEMS	Selection of breakfast cereals Wholemeal toast spread & preserves				
DAILY SPECIAL	Porridge pots Hash Browns Sauté Mushrooms	Porridge pots French Toast Grilled Tomatoes	Porridge pots Haggis Black Pudding	Porridge pots Pizza Rolls	Porridge pots Fried Egg Friday
WHOLE & CUT FRUIT	Selection of whole fruits Watermelon	Selection of whole fruits Pineapple	Selection of whole fruits Grapes	Selection of whole fruits Kiwi & Strawberries	Selection of whole fruits Cantaloupe Melon
HOME BAKING	Chefs home bake of the day	Chefs home bake of the day			



WEEK 2 BREAKFAST & BREAK



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
HYDRATION	Hydration Station - Squash, Fresh Milk, Fruit Infused Water						
HOT ITEMS	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans		
DAILY BREAKFAST ITEMS	Selection of breakfast cereals Wholemeal toast spread & preserves Porridge pots	Selection of breakfast cereals Wholemeal toast spread & preserves Porridge pots	Selection of breakfast cereals Wholemeal toast spread & preserves Porridge pots	Selection of breakfast cereals Wholemeal toast spread & preserves Porridge pots	Selection of breakfast cereals Wholemeal toast spread & preserves Porridge pots		
DAILY SPECIAL	Hash Browns Sauté Mushrooms	French Toast Grilled Tomatoes	Haggis Black Pudding	Pizza Rolls	Fried Egg Friday		
WHOLE & CUT FRUIT	Selection of whole fruits Watermelon	Selection of whole fruits Oranges	Selection of whole fruits Mixed Berries	Selection of whole fruits Grapefruit	Selection of whole fruits Galia Melon		
HOME BAKING	Chefs home bake of the day	Chefs home bake of the day	Chefs home bake of the day	Chefs home bake of the day	Chefs home bake of the day	D	
	HOT ITEMS DAILY BREAKFAST ITEMS DAILY SPECIAL WHOLE & CUT FRUIT	HOT ITEMSHot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Pork Link Sausage Potato Scone Baked BeansDAILY BREAKFAST ITEMSSelection of breakfast cereals Wholemeal toast spread & preservesDAILY SPECIALHash Browns Sauté MushroomsWHOLE & CUT FRUITSelection of whole fruitsHOME BAKINGChefs home bake of the day	HOT ITEMSHot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked BeansHot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked BeansDAILY BREAKFAST ITEMSSelection of breakfast cerealsSelection of breakfast cerealsVholemeal toast spread & preservesWholemeal toast spread & preservesDAILY SPECIALHash Browns Sauté MushroomsFrench Toast Grilled TomatoesWHOLE & CUT FRUITSelection of breakfast cerealsSelection of breakfast cerealsHOME BAKINGChefs home bake of the dayChefs home bake of the day	HOT ITEMSHot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Portato Scone Baked BeansHot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Pork Link Sausage Pork Link Sausage Portato Scone Baked BeansHot Filled Rolls Bacon Lorne Sausage Port Link Sausage Portato Scone Baked BeansDAILY BREAKFAST ITEMSSelection of Wholemeal toast spread & preservesSelection of Wholemeal toast spread & preservesWholemeal toast spread & preservesDAILY SPECIAL WHOLE & CUT FRUITHash Browns Sauté MushroomsFrench Toast Grilled TomatoesHaggis Black PuddingWHOLE & CUT FRUITSelection of whole fruitsSelection of whole fruitsSelection of whole fruitsHOME BAKINGChefs home bake of the dayChefs home bake of the dayChefs home bake of the day	HOT ITEMSHot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked BeansHot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Pork Link Sausage Potato Scone Baked BeansHot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked BeansDAILY BREAKFAST ITEMSSelection of breakfast cerealsSelection of breakfast cerealsSelection of breakfast cerealsSelection of breakfast cerealsDAILY SPECIAL WHOLE & CUT FRUITHash Browns Sauté MushroomsFrench Toast Grilled TomatoesHaggis Black PuddingPizza RollsWHOLE & CUT FRUITSelection of whole fruitsSelection of whole fruitsSelection of whole fruitsSelection of whole fruitsHOME BAKINGChefs home bake of the dayChefs home bake of the dayChefs home bake of the dayChefs home bake of the dayChefs home bake of the day	HOT ITEMSHot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked BeansHot Filled Rolls Bacon Lorne Sausage Potato Scone Baked BeansHot Filled R	

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WEEK 3 BREAKFAST & BREAK



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	HYDRATION		Hydration Station	– Squash, Fresh Milk, F	ruit Infused Water	
	HOT ITEMS	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans	Hot Filled Rolls Bacon Lorne Sausage Pork Link Sausage Potato Scone Baked Beans
	DAILY BREAKFAST ITEMS	Selection of breakfast cereals Wholemeal toast spread & preserves				
		Porridge pots				
	DAILY SPECIAL	Hash Browns Sauté Mushrooms	French Toast Grilled Tomatoes	Haggis Black Pudding	Pizza Rolls	Fried Egg Friday
	WHOLE & CUT FRUIT	Selection of whole fruits				
`		Watermelon	Exotic Fruits	Grapes	Plum & Blueberry	Honeydew Melon
0	HOME BAKING	Chefs home bake of the day	Chefs home bake of the day	Chefs home bake of the day	Chefs home bake of the day	Chefs home bake of the day
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WEEK 1 LUNCH



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP & SANDWICH	Chefs homemade soup of the day	Chefs homemade soup of the day	Chefs homemade soup of the day	Chefs homemade soup of the day	Chefs homemade soup of the day
	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection
MAIN MEAL	Chilli Con Carne (Mild)	Chefs Pie of the Week	Rollover Hotdog	Buttermilk Chickenburger	Battered MSC Haddock/ Cod Fillet Fish Fingers
MEAT FREE MAIN MEAL	5 Bean Chilli (Mild)	Cheesy Vegetable Pie	Asparagus & Pesto Tagliatelle	Plant Based Burger	Cheese & Tomato Quiche
PASTA BAR	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce
BAKED POTATO	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans
ON THE SIDE	50/50 Basmati Rice Chefs Vegetable Medley Tortilla Chips Sour Cream	Baby New Potatoes Broad Beans Sweetcorn	Garlic Bread Purple Sprouting Broccoli Steamed Carrots	Seasoned Wedges Build Your Own Salad Onion Rings	Chunky Chips Baked Beans Petit Pois
DESSERT	Raspberry Trifle, Fresh Fruit or Yoghurt Pot	Jam & Coconut Sponge with Custard, Fresh Fruit or Yoghurt Pot	Banoffee Pots, Fresh Fruit or Yoghurt Pot	Individual Berry Pavlova, Fresh Fruit or Yoghurt Pot	Fruit Jelly, Ice Cream Pot, Fresh Fruit or Yoghurt Pot

Junior School Meal Deal all £3.25

Soup, Sandwich & Dessert Main Meal / Meat Free Main Meal & Dessert Pasta Bar & Dessert Baked Potato & Dessert All meal deals include sides, salad bar and squash, fresh milk or glass or water



WEEK 2 LUNCH



			THECDAY		THURCDAY	
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SOUP	Chefs homemade soup of the day	Chefs homemade soup of the day	Chefs homemade soup of the day	Chefs homemade soup of the day	Chefs homemade soup of the day
		Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection
	MAIN MEAL	1/4lb Beefburger	Penne Bolognese	Chefs Curry of the Week (Mild)	French Bread Pizza	Battered MSC Haddock/ Cod Fillet Fish Fingers
	MEAT FREE MAIN MEAL	1/4lb Veggie Burger	Lentil Bolognese	Chefs Veggie Curry of the Week (Mild)	Chickpea, Courgette & Spinach Paella	Sweetcorn Fritters
	PASTA BAR	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce
	BAKED POTATO	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans
	ON THE SIDE (included with main meal)	Waffle Fries Corn on the Cob Build Your Own Salad Cheddar Cheese Slices	Aubergine Roasted Peppers Parmesan Cheese	50/50 Basmati Rice Naan Bread Sauteed Spinach Glazed Parsnips	Potato Fritters Crunchy Coleslaw Roasted Cauliflower	Chunky Chips Baked Beans Petit Pois
	DESSERT	Chefs Cheesecake of the Week, Fresh Fruit or Yoghurt Pot	Chocolate Brownie with Peaches, Fresh Fruit or Yoghurt Pot	Rhubarb Crumble with Whipped Cream, Fresh Fruit or Yoghurt Pot	Blueberry Muffins, Fresh Fruit or Yoghurt Pot	Fruit Jelly, Ice Cream Pot, Fresh Fruit or Yoghurt Pot

Junior School Meal Deal all £3.25

Soup, Sandwich & Dessert Main Meal / Meat Free Main Meal & Dessert Pasta Bar & Dessert Baked Potato & Dessert All meal deals include sides, salad bar and squash, fresh milk or glass or water



WEEK 3 LUNCH



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chefs homemade soup of the day	Chefs homemade soup of the day	Chefs homemade soup of the day	Chefs homemade soup of the day	Chefs homemade soup of the day
	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection
MAIN MEAL	Meatball & Mascarpone Pasta Bake	Southern Fried Chicken / Chicken Goujons	Macaroni Cheese	Sausage & Mash	Battered MSC Haddock Cod Fillet Fish Fingers
MEAT FREE MAIN MEAL	Quorn Meatballs in Tomato Sauce	Quorn Nuggets	Cheesy Nachos	Meat Free Sausage Casserole	Vegetable Pakora
PASTA BAR	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce	50/50 Penne Pasta Fresh Tomato Sauce
BAKED POTATO	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans	Tuna Mayo Grated Cheese Coleslaw Baked Beans
ON THE SIDE	Savoy Cabbage Steamed Carrots Crusty Bread & Butter	Seasoned Wedges Chefs Vegetable Medley	Garlic Bread Corn on the Cob Summer Greens Guacamole Salsa	Mash Potatoes Asparagus Spears Yorkshire Puddings Roasted Turnip	Chunky Chips Baked Beans Petit Pois
DESSERT	Victoria Sponge Cake, Fresh Fruit or Yoghurt Pot	Danish Pastries, Fresh Fruit or Yoghurt Pot	Chocolate Mousse & Shortbread, Fresh Fruit or Yoghurt Pot	Biscuit Cookies, Fresh Fruit or Yoghurt Pot	Fresh Fruit Jelly, Ice Cream Pot, Fresh Fruit or Yoghurt Pot

Junior School Meal Deal all £3.25

Soup, Sandwich & Dessert Main Meal / Meat Free Main Meal & Dessert Pasta Bar & Dessert Baked Potato & Dessert All meal deals include sides, salad bar and squash, fresh milk or glass or water





Here at StAloysius College our passion lies in serving our pupils tasty and balanced freshly cooked meals whilst utilising sustainable and locally sourced ingredients where possible. We work alongside our local suppliers to ensure we are always using the most fresh, seasonal produce in our dishes. We use authentic recipes and cooking methods whilst considering our pupils dietary needs. Our regular tasting tables inspire our pupils to sample interesting ingredients which we endeavour to serve alongside traditional favourites.

Menu feedback & suggestions are always welcome email <u>catering@staloysius.org</u>

* We do not use or sell products which contain tree nuts or peanuts in any of the dishes we produce in the kitchen or pre-packaged items, however, we are unable to guarantee that dishes / products served are totally free from nuts / nut derivatives due to the use of precautionary allergy statements our suppliers use such as 'may contain traces of nuts'. * Please contact our school nurse in the first instance if your child has any intolerance/allergies, upon which we can advise appropriately. Medical@staloysius.org





